**Voces (Voices): A Support and Resource Group for Latina Students**

**Could you benefit from having a safe, confidential place to gain perspective and obtain support and resources for personal, social, academic, career, and other life concerns?**

Then, this 7-week, semi-structured group for Latina students is for you! The group is designed to opportunities to share information and discuss relevant concerns of Latina students including:

- Strategies for emotional health
- Lifestyle choices for wellness
- Academic and career success
- Establishing positive relationships for social support
- Balancing roles

Space available for up to 10 motivated Latinas! Registration and commitment to weekly attendance is required.

*Let your voice be heard!*

**Mondays, October 3- November 14, 2011**
**3:00-4:30 p.m.**
**SVC 2124 (Counseling Center)**
**Facilitated by Lisa Costas, Ph.D.**
**Call to Register: (813) 974-1361**